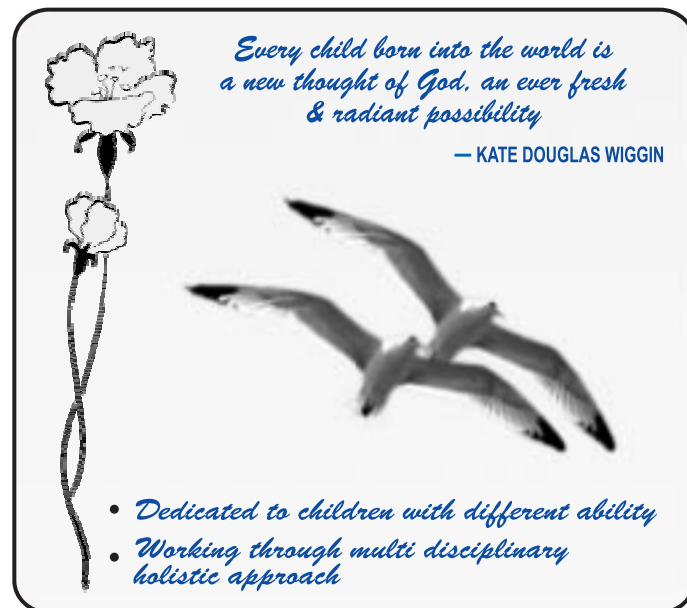


# M B BARVALIA FOUNDATION'S SPANDAN HOLISTIC INSTITUTE

- + HOLISTIC CHILD CARE CENTRE
- + SPANDAN HOLISTIC INSTITUTE OF APPLIED HOMOEOPATHY
- + COMPREHENSIVE HOMOEOPATHIC MOBILE CLINIC
- + MEDICAL CENTRE
- + INDIAN JOURNAL OF HOMOEOPATHIC MEDICINE



**Centre Address:** Naidu Colony, Opp. Building 161, Near Jain Temple, Pant Nagar, Ghatkopar (East), Mumbai 400 075. Tel.: 2513 4467.

**Office Address:** 1/Shalibhadra Society, 148, Hingwala Lane Extension, Near Popular Hotel, Ghatkopar (East), Mumbai 400 077. INDIA  
Email: praful@bom3.vsnl.net.in • spandan@holisticfoundation.org

- Donation to trust have I.T. Exemption under section 80 - G
- Donation payable to 'M.B. Barvalia Foundation'
- Foreign Donations Received Under FCRA
- Registered public Charitable trust-Reg. Number E-17453 (Mumbai)

## Introduction

M.B. Barvalia Foundation is a registered public charitable trust established in February 1997 with the objective of promoting holistic health and value based education. Homoeopathy is the central therapeutic modality. It operates essentially in the 'N' ward & 'M' ward of Mumbai Municipal Corporation.

## Holistic Child Care Centre

This is a unique centre where all work under one roof with a holistic approach through a multidisciplinary team of

**Homoeopaths + Paediatrician + Neurologist + Paediatric Orthopaedic Surgeon + Clinical Psychologist + Psychiatric Occupational Therapist + Special Educators + Speech Therapists + Physiotherapist + Social Workers + Counsellor and Yoga therapist.**

This centre is dedicated to the comprehensive care of children with disabilities. It operates through following units.

1. **Clinical Centre for Children with Disability.**
  2. **Special School:** It is based on strong philosophical foundation of HOLISTIC-PSYCHOEDUCATIONAL APPROACH: SYMPHONY. This is an innovative approach based on integration of holistic concept propounded by Dr. Samuel Hahnemann, founder of Homoeopathy & JEAN PIAGET'S concept of CHILD DEVELOPMENT.
    - Govt. Recognized Special School Registration No. 918
    - National Trust Registration No. 1338/MR-SP-MD-AUT
- (i) Special School for **slow learners**
- (ii) Advance School for **Autism**
- Specialized one to one and group teaching
  - Techniques like Sensory integration, Auditory integration, behaviour modification
  - Communication and social skills development
  - Emotional expression training
- (iii) Special Programmes for children with **mental retardation.**



Autistic child receives sensory integration

3. **Comprehensive Neuro-Muscular Rehabilitation Unit**  
Dedicated to children with neurological & Orthopaedic disorders
4. **Remedial Therapy Centre for Children with Learning Disabilities**

**For Admissions Contact: Ms. Falguni Kataria, Office in-charge**

## Medical Centre

Well equipped Medical Centre has following units:

- |  |                                    |
|--|------------------------------------|
| 1. Homoeopathic Clinic & Research Centre | 6. Physiotherapy                   |
| 2. Ophthalmic Clinic                     | 7. Pathology Laboratory            |
| 3. Orthopaedic Clinic                    | 8. Specialized Centre for HIV/AIDS |
| 4. Dermatology Clinic                    | 9. Diabetes Clinic                 |
| 5. Dental Clinic                         | 10. O.P.D. - General Surgery       |
|  | 11. O.P.D. - Gynaecology           |

## Indian Journal of Homoeopathic Medicine

Internationally renowned 34 years old journal is published by Foundation in the service of Homoeopathic fraternity.

## SPANDAN HOLISTIC INSTITUTE OF APPLIED HOMOEOPATHY

Spandan focuses on application of vibrant & holistic Homoeopathy in its clinical services. Focus of the course is to build up sound conceptual base in Homoeopathic physicians through experiential learning.

Foundation runs general Homoeopathic out patients department which gives clinical exposure to acute as well as chronic dimensions of regular Homoeopathic practice.

Foundation provides strong forum for advance learning. We impart basic as well as advanced Homoeopathic training and education to interns, Homoeopathic graduates and post graduates.

### BOARD OF TRUSTEE

Dr. PRAFUL BARVALIA  
Mr. SUDHEENDRA KULKARNI  
Mr. GUNVANT BARVALIA  
Mr. ANIL PAREKH  
Mr. HASMUKH BARVALIA  
Dr. KUMAR DHAWALE

### ADVISORS / RESOURCES

DR. PRAKASH KOTHARI  
Mr. DEEPAK TIKEKAR  
Miss. SUJATA GANEJA (SUPPORT)  
Dr. SANJAY JOSHI  
Mr. DEVRE PATIL

### OUR CO-ORDINATORS

Mr. KAMLESH BARVALIA (USA.)  
Dr. VRINDA THACKER (U.K.)  
Dr. VAISHALI SHAH (Ireland)  
Dr. TUSHAR DOSHI (Gujarat)  
Dr. MUNJAL THAKAR (Gujarat)

### ADVISORS / RESOURCES

Dr. KAMAXI BHATE  
Dr. VAMAN MEHTA  
Shri DILIP KURANI  
Mr. DEEPAK DEDHIA

[www.holisticfoundation.org](http://www.holisticfoundation.org)

## COMPREHENSIVE HOMOEOPATHIC MOBILE CLINIC



This huge van is almost like a bus quite spacious with good interior, it has 2 cabins, examination table, reception and dispensing unit. Project is comprehensive and it promotes Homoeopathy in slum areas and renders various services:

1. 2-3 Homoeopathic doctors provide Homoeopathic treatment to people in slum area every day.
2. With the help of social workers, they also educate masses about Homoeopathic system, health and hygiene.
3. In collaboration with Mumbai District Aids control society (MDACS) we carry out Holistic Homoeopathic Intervention in HIV/AIDS and STD. Team also focuses on awareness and education in slum areas regarding HIV/AIDS.
4. Child Care team is posted in the mobile van. They identify and carry out early intervention in children with developmental disabilities.

### OUR TEAM

#### HON. DIRECTOR & MANAGING TRUSTEE

Dr. Praful Barvalia

#### HON. DIRECTOR (TRAINING)

Dr. C.B. Jain

#### ASSISTANT DIRECTOR

Dr. Amit Daftary

#### HOLISTIC CHILD CARE COORDINATOR

Dr. Piyush Oza

#### HOMOEOPATHIC CONSULTANTS

Dr. Pravin Shah (Rheumatology)

Dr. (Mrs.) Varsha A. Shah

Dr. (Mrs.) Alka Barvalia

Dr. Poornima Patil

Dr. Vrushalee Mayekar

Dr. Vijaya Patil

Dr. Hemant Nandu

Dr. Shankar Chawla

Dr. Seema Rangparia

Dr. Vaishali Joshi

Dr. Yamini Bhagat

Dr. Aparna Daftary

Dr. Jatin Kalyani

Dr. Rajshree Parekh

Dr. Chaya Ladha

Dr. Mital Joshi

#### HON. NEUROLOGIST

Dr. Ashish Mehta

#### HON. PAEDIATRIC ORTHOPAEDIC SURGEON

Dr. Taral Nagda

#### HON. ORTHOPAEDIC SURGEON

Dr. Dharit S. Mehta

#### HON. PAEDIATRICIAN

Dr. Yogesh Mehta

#### HON. DIABETOLOGIST

Dr. Vishal Chopra

#### HON. OPHTHALMOLOGIST

Dr. Manish Thakkar

#### HON. GYNACHOLOGIST

Dr. Alkesh Gohel

#### HON. EDUCATIONAL ADVISOR

Mrs. Sujata Shrivastav

#### VISITING PAEDIATRIC PHYSIOTHERAPIST

Dr. (Mrs.) Sneha Diwekar

#### SPECIAL EDUCATORS

Mrs. Ajanta Iyer

Mr. Vikas Rajmane

Mr. Ramesh Gorad

#### OCCUPATIONAL THERAPISTS

Ms. Gauri Sali

Ms. Sheetal Chandarana

#### PSYCHOLOGIST

Miss. Vinita Agarwal

## HOLISTIC MULTIDISCIPLINARY HOSPITAL COMPLEX AT DEONAR

### PROPOSED HOSPITAL



### DARE TO DREAM

We dreamt of a large holistic multi disciplinary institute. We have come closer to its realisation. We have been allotted plot of land measuring 3002 Sq. Meters (32300 Sq. Feet) at Deonar, M ward of Mumbai (Bombay) municipal corporation.

We plan to establish comprehensive mother-child complex & Homoeopathic Institute measuring 60,000 sq. feet comprising of :

- (A) Advanced pediatric Hospital & Maternity Home.
- (B) Institute of Holistic Health Sciences: Homoeopathy & Yoga.

### APPEAL

Trust has treated thousands of patients at nominal cost. Mobile van has covered extensively, various low socio economic slums.

Our holistic child care centre, through its diagnostic and orientation camps has treated thousands of disabled children free of charge and has been instrumental in restoring smiles on the faces of number of distressed parents.

A comprehensive child care institute is the need of our nation. Total cost of setting up of this complex will be Rs. 7 crores. Entire project is dedicated to underprivileged people & their tender gifted children.

We have come thus far with the help of donors and philanthropist institutes. We request you once again to help us in this endeavour.



#### COMPREHENSIVE CHILDREN'S HOSPITAL

- Holistic multidisciplinary care in disability & mental health.
- Medical, surgical & therapies under one roof for Autism, Down's Syndrome, Cerebral Palsy, M.R. etc.
- Remedial therapy for Learning Disability
- Specialized NEONATOLOGY unit
- Vocational Training Centre
- Services range from EARLY INTERVENTION to ADOLESCENT CARE

#### HOMOEOPATHIC HOSPITAL & RESEARCH INSTITUTE

- Homoeopathic Hospital & Research Institute
- Homoeopathic O.P.D. & I.P.D. imparting QUALITY CARE & RESEARCH
- Basic & Advance Fellowship courses of International repute.

#### GENERAL HEALTHCARE

- Speciality & Super speciality clinics
- Basic and advanced diagnostic services like pathology lab, sonography, radiology, CT scan
- IPD and surgical facilities
- Well equipped maternity home
- Community care through mobile clinics & satellite centres

#### COMPREHENSIVE CARE FOR HIV & AIDS

- Screening, early identification, diagnosis
- OPD, IPD facilities
- Holistic management through homoeopathy & yoga.